### Systems thinking for social change

#### Mary Michaud VisuaLeverage

www.visualeverage.com An initiative of Health & Social Impact Strategies, LLC



### Name 2 groups or organizations

What social change do you work on?



What is working?

Why it is working?

ż

ONE ROOT CAUSE

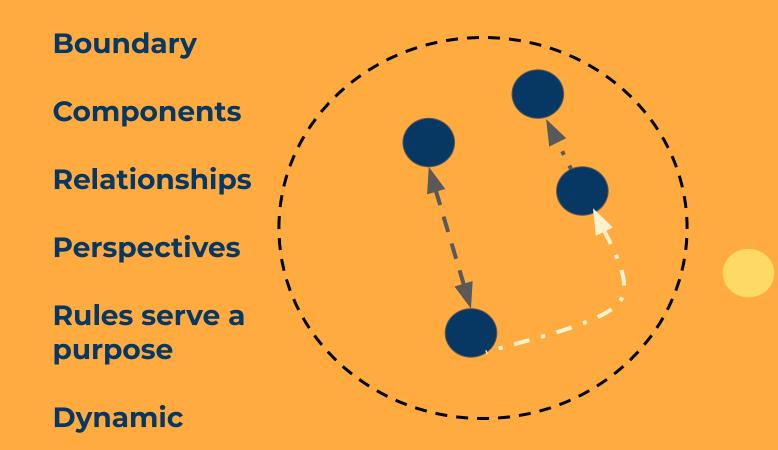


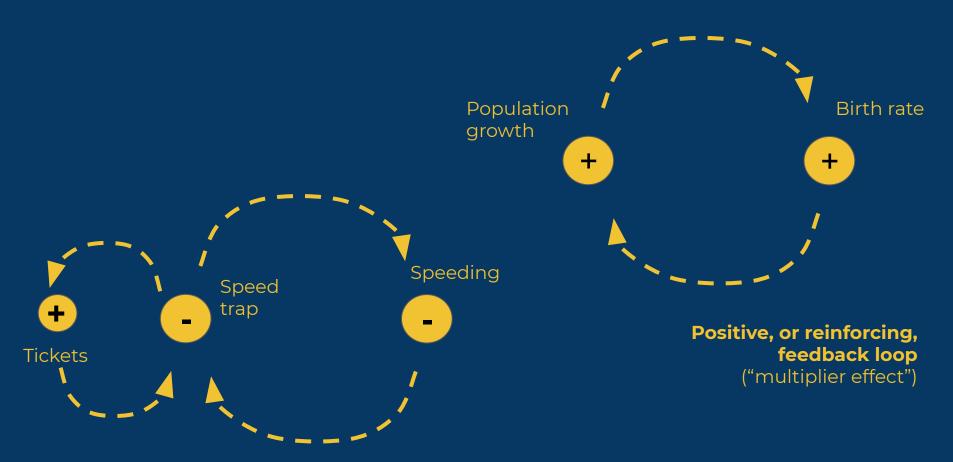
A system is a set of related components that work together in a particular environment to perform whatever functions are required to achieve the system's objective. 99

~Donella Meadows

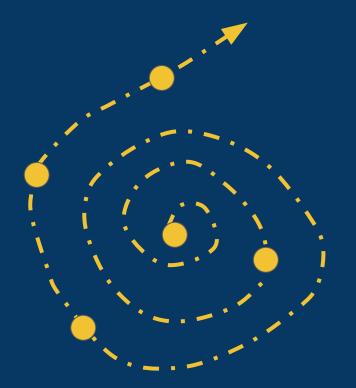


@unschools | @leylaacaroglu





**Negative feedback loop** (moves system back to equilibrium)



Positive, or reinforcing, feedback loop ("multiplier effect")

### Recidivism in criminal justice system

#### Arrest

#### Detention

#### Trauma

#### Unemployment

#### Housing instability

#### Poor behavioral health

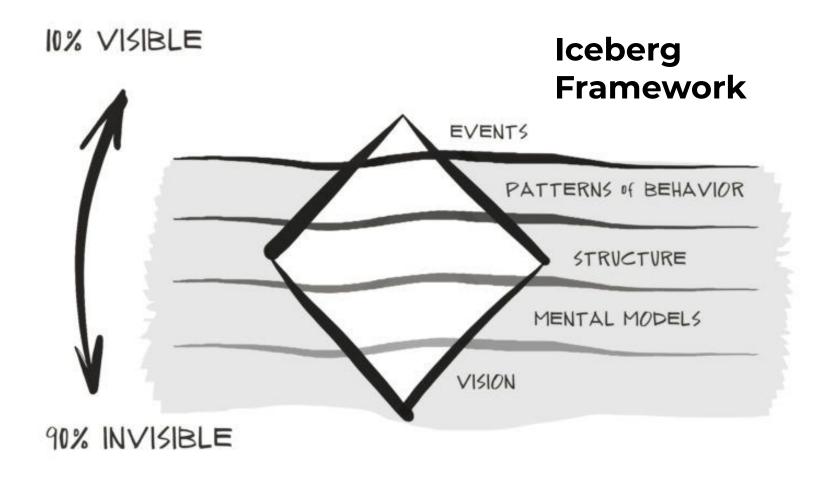
#### Recidivism



In 2015, nearly a third of all Dane **County residents** lived in housing they could not afford.

Paulsen K. Housing Needs Assessment, Dane County and Municipalities. Report to Dane County Health and Human Needs Committee, Dane County Department of Human Services and Dane County Planning and Development Department. January 2015.





### Rental Housing

#### Homelessness Mental distress, eviction Landlord behavior

Law enforcement Social service & health organizations State agencies Quality job Criminal justice involvement

**Behavioral health** 

Developers Municipal agencies Federal agencies

Rental supply & local labor market

**Profit motive** 

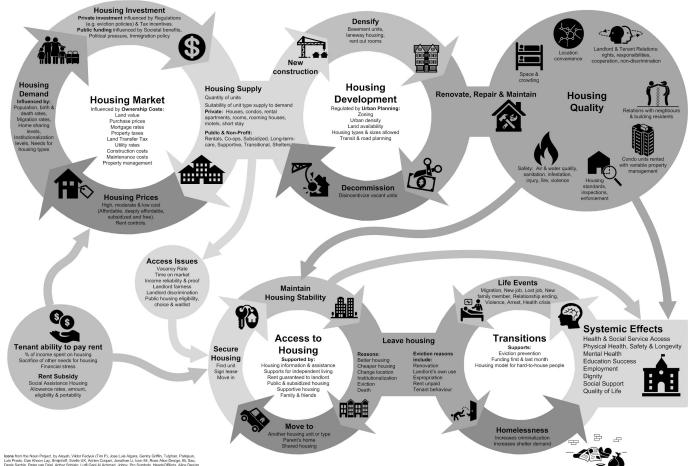
**Deeper impact** 

Stigma, bias, racism, classism, individualism, fear

"Deserving" vs. "undeserving"

#### System Map of Housing Stability

Simplified Draft, copyright City of Toronto, 2019



Luis Prado, Gan Khoon Lay, Bmijnlieff, Svelte UX, Adrien Coquet, Jonathan Li, Icon S4, Rose Alice Design, BL Sau, Denis Sazhin, Peter van Driel, Arthur Schlain, Lutfi Gani Al Achmad, Johny, Pro Symbols, HeadsOfBirds, Alice Design

### **HealthAffairs**

CULTURE OF HEALTH

By Heidi L. Allen, Erica Eliason, Naomi Zewde, and Tal Gross

### Can Medicaid Expansion Prevent Housing Evictions?

DOI: 10.1377/Nitheff.2018.05071 HEALTH AFFAIRS 38, NO. 9 (2019): 1451-1457 This open access article is distributed in accordance with the terms of the Creative Commons Attribution (CC BY 40) scense.



ABSTRACT Evictions are increasingly recognized with improved facing low-income households. This study evaluate housing of Medicaid can prevent evictions from occurring from a privately licensed database of eviction recol stability." (286 counties) and used a difference-in-differences recompare rates of eviction before and after California's ea expansion (51 counties). Early Medicaid expansion in California was associated with a reduction in the number of evictions, with 24.5 fewer evictions per month in each county from a pre-expansion average of 224.7. These results imply that for every thousand new Medicaid enrollees in California, Medicaid expansion was associated with roughly twenty-two fewer evictions per year. Additionally, we found a 2.9-percentage-point reduction in evictions per capita associated with early expansion. The effects were concentrated among counties with the highest pre-expansion rates of uninsurance. We conclude that health insurance coverage is associated with improved housing stability.

insurance coverage is associated /ith improved housing stability."

"Health

en (ha2332@ fu) is an associate in the School of rk, Columbia ky, in New York City.

a Eliason is a doctoral andidate in the School of Social Work, Columbia University.

Naomi Zewde is a postdoctoral research scientist at the Center on Poverty and Social Policy, School of Social Work, Columbia University.

Tal Gross is an associate professor in the Department of Markets, Public Policy, and Law, Questrom School of Business, Boston University, In Massachusetts.

THE ICEBEKG & OPIATE ADDICTION US WORDER OR CE Frequentiny + DEATH 000000000 IN THE U.S. LITT EXPECTANCY OPIOID PRESCEIBING LIMIT ACCESS TO PRESCRIPTION PROFIT\_ OPIDIDS STIGMA RAIN ACROSS SECTORS ADDICTION TO ADDRESS STIGMA OF APDICTION + TREATMENT TRAUMA : CINVES NT UNTREATED SEPO COMMUNITY LEVEL PROTECTIVE FACTORS. MENTAL ILL NESS



Partner to learn about the issue from multiple perspectives.

#### THE ILLUSION OF CHOICE: Evictions and Profit in North Minneapolis

Author: Principal Investigator, Dr. Brittany Lewis, Senior Research Associate Contributing Authors: Molly Calitoun, Cyrithia Matthias, Kya Conception, Thalya Reyes, Carolyn Saczepanski, Gabriela Norton, Eleanor Noble, and Giselle Tisdale Artist-in-Residence: Nikii McComb, Art Is My Weopon



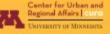
"I think that it definitely has to be made a law that a UD should not gis on a person's name until after you have been found guilty in court. It is horrific that you would sit up here and have a UD on my name that prevents me from moving...You would rather a person be homeless than to give them a day in court to be heard first...You shouldn't have to be homeless to be heard." Biracial, Gemale. 36 years old

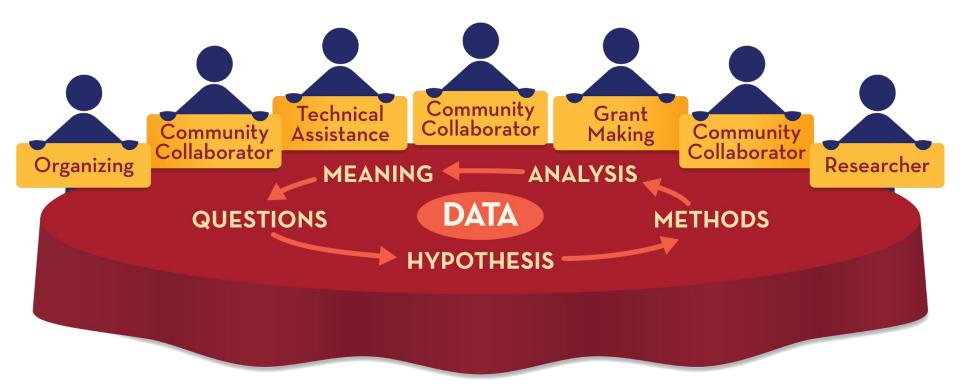
#### "The heard bad things, He's known as a slumiord...But against my better judgiment, to not wanting to be out a place and homeless and between moving, I took the first thing. It was like a desperate situation." - Biractiol, female, 4Sypars old

"There is a fear premium attached to North Minneapolis. Because what's the sereotypical image people have of North Minneapolis? I could tell y Bang, hang. People are shaled of it. If you tell peol bought a property in North Minneapolis. Mart say its, Miyawala you ob tall?" – Write, male, BB year old, property namager and owner.

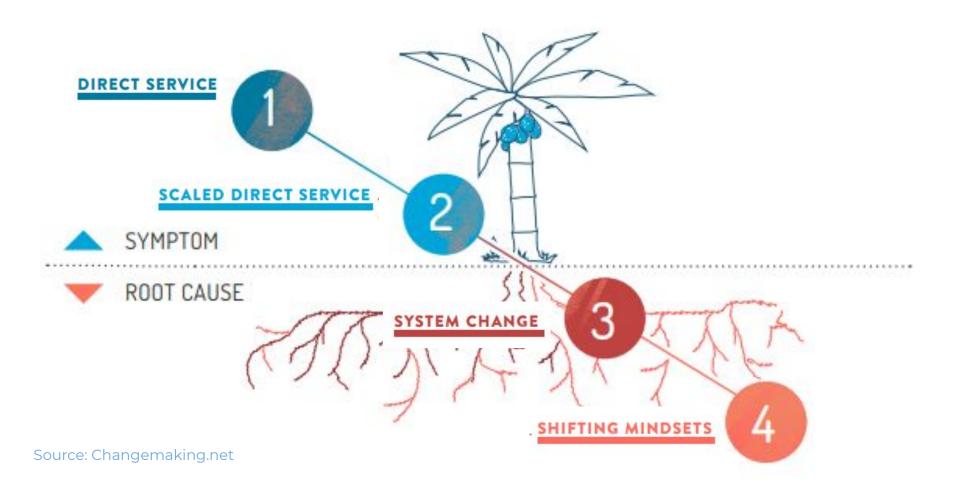




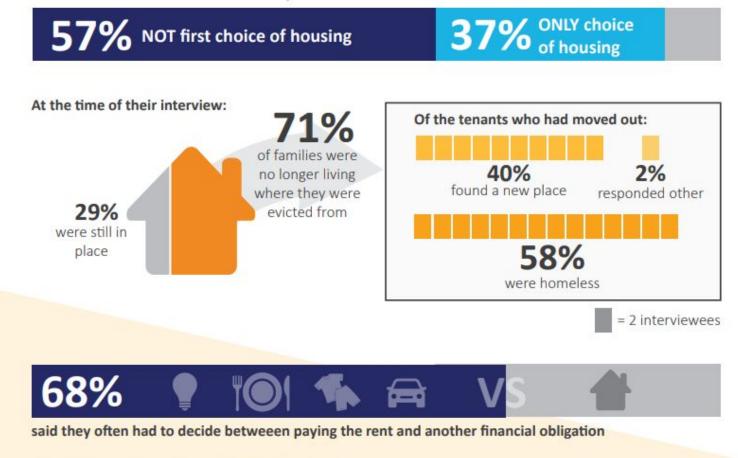




The Illusion of Choice: Evictions and Profit in North Minneapolis. 2016. Center for Urban and Regional Affairs, University of Minnesota. Use data to identify "leverage points" for system change.



Interviewed tenants said the home they were evicted from was:



Source: The Illusion of Choice interviews and intake data, CURA 2018

The focus zipcodes of 55411 and 55412 contain a dramatically disproportionate share of the city's eviction filings.



The Illusion of Choice: Evictions and Profit in North Minneapolis. 2016. Center for Urban and Regional Affairs, University of Minnesota. 3 Match intervention to the type of system problem.

#### Mindsets attitudes, values, and beliefs

#### Power

how decisions are made, and who is involved

#### Interactions

between these characteristics

#### Resources

human (skills, knowledge, etc.), financial, and community

#### Connections

relationships and exchanges between people and organizations

Foster-Fishman, P.G., Watson, E.R. (2012). The ABLe Change Framework: A Conceptual and Methodological Tool for Promoting Systems Change. American Journal of Community Psychology. 49(3-4), 503-516.

### Regulations

policies, practices, procedures, and daily routines



#### Components

quality, range, effectiveness, location, and times of services and

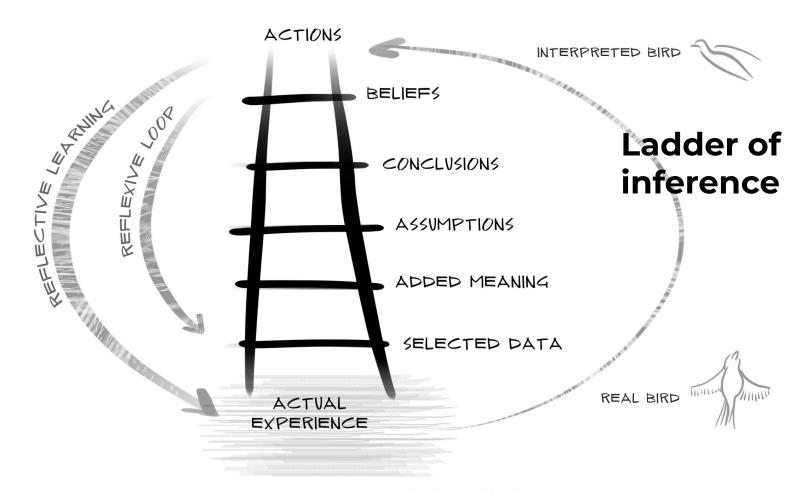
supports

#### **Outcomes of Court Cases**



Source: Analysis of Hennepin County Housing Court cases pertaining to evictions discussed in qualitative interviews

Question your assumptions. Make it safe for others to question theirs.



adapted from Chris Argyris and The Fifth Discipline, by Peter Senge, et all. drawing by @kelvy\_bird

Go hard on systems. Go soft on people.

Linear Thinkers	Systems Thinkers
Are concerned with assigning blame	Try to identify patterns
Try to control chaos to create order	Try to find patterns amid the chaos
Care only about the content of communication	Care about content but are more attentive to interactions and patterns of communication
Believe organizations are predictable and orderly	Believe organizations are unpredictable in a chaotic environment

Linear Thinkers	Systems Thinkers
Break things into component pieces	Are concerned with the whole
Are concerned with content	Are concerned with process
Try to fix symptoms	Are concerned with the underlying dynamics

Instead of	Try
Instead of blaming someone, ask	"What are the influences on that person?"
Instead of saying, "I know the answer," say	"I have another perspective on the issue."
Instead of thinking you know the answer	Always be looking for evidence to confirm your theory, in addition to evidence to disconfirm it.
Instead of focusing on one item	Look at all the variables that affect that item.

Instead of	Try
Instead of looking at the content of what people say	Look for the process of what they say. How are they saying it? What are they not saying? What are the common themes in the content?
Instead of focusing on negative behaviors	Look at what is motivating these behaviors or if they are masking a deeper problem.
Instead of just looking at what individuals are doing	Also look at the dynamics of the system— what forces are pushing individuals toward one thing or another?

### Name 2 groups or organizations

What social change do you work on?



What is working?

Why it is working?

ż

ONE ROOT CAUSE

### Resources

Changemaking.net

FSG

TheSystemsThinker.com

Unschools.co

DonellaMeadows.org

 distinctions
Any idea or thing can be distinguished from other ideas or things it is with



Any idea or thing can relate to other things or ideas

#### simple rules

Any idea or thing can relate to other things or ideas

Any thing or idea can be the point or the view of a perspective

relationships

perspectives 👁 •

Cabrera & Cabrera. Systems thinking made simple: New hope for solving wicked problems. 2016, Odyssean Press.

# distinctions

thing/idea | not thing/idea

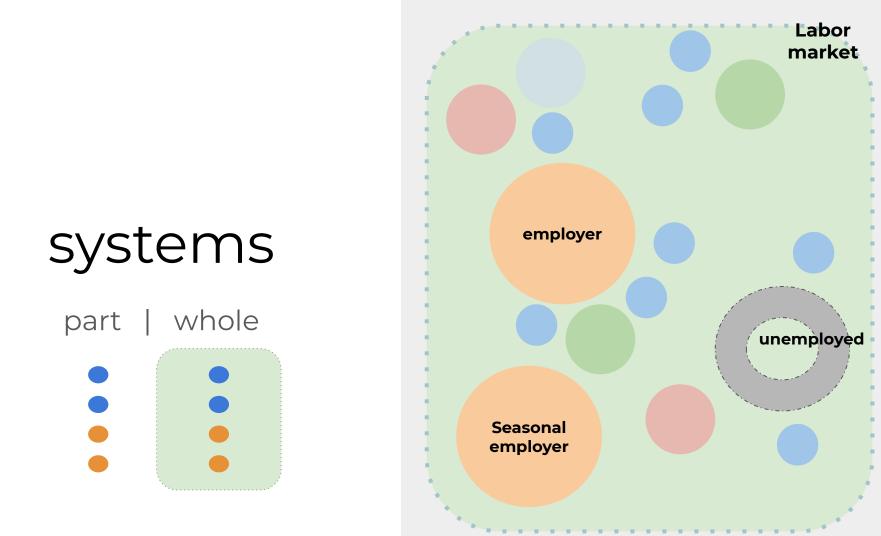
Cabrera & Cabrera. Systems thinking made simple



# distinctions

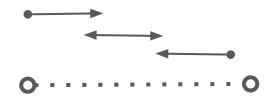
thing/idea | not thing/idea

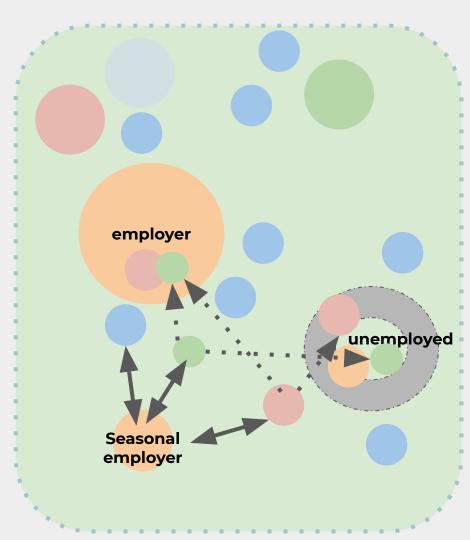
Was this person -Mark (X) ONE box. an employee of a PRIVATE FOR-PROFIT company or business, or of an individual, for wages, salary, or commissions? an employee of a PRIVATE NOT-FOR-PROFIT, tax-exempt, or charitable organization? a local GOVERNMENT employee (city, county, etc.)? a state GOVERNMENT employee? a Federal GOVERNMENT employee? SELF-EMPLOYED in own NOT INCORPORATED business, professional practice, or farm? SELF-EMPLOYED in own INCORPORATED business, professional practice, or farm? working WITHOUT PAY in family business or farm?



# relationships

action | reaction

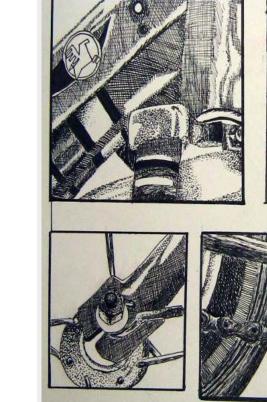


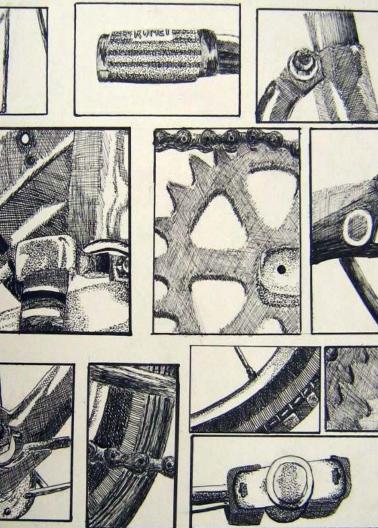


## perspectives

point | view



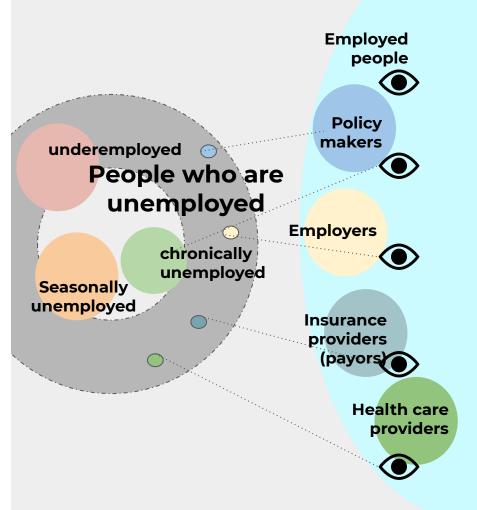




# perspectives

point | view

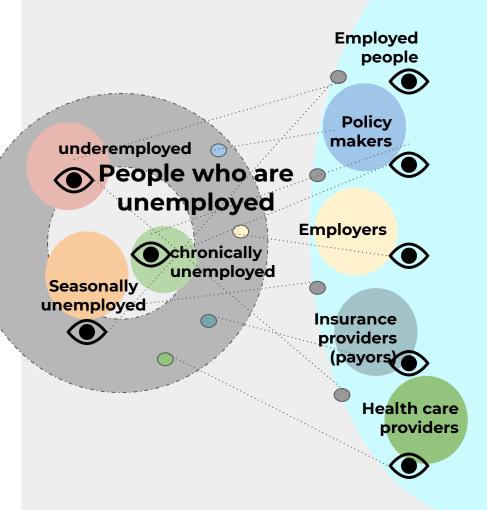




## perspectives

point | view





### Ask different questions

Notice catchphrases: "We just need more \_\_\_\_\_ "

Notice typical "archetypes," like balancing or reinforcing loops

Help surface, expose mental models

Identify leverage points

