

# **TeamBuilding in the Office**

**If you could be given any gift, what would it be and why?**

**If you could share a meal with anyone living or dead who would it be and why?**

**What is the best piece of advice any one has ever given you?**

**Which article of clothing are you wearing today is most representative of your personality?**

**If you could have one super-power what would it be and why?**

**Describe the most beautiful thing you've ever seen**

**If you had an extra hour every day how would you spend it?**

**If you could dis-invent one thing, what would it be?**

**What is the most adventurous thing you have ever done?**

**What do you think makes someone a good leader?**

**If money were no object where would you travel to and why?**

**What is your biggest pet peeve? How do you handle it?**

**If you could give one piece of advice to a child, what would it be?**

**What is something you've accomplished in your life that you are most proud of?**

**What would you like to learn if you only had the time?**

**What is your favorite aspect of your job and why?**

**What is your least favorite aspect of your job and why?**

**Who has been a mentor to you in your life?**

**If you could have any job what would it be and why?**

**What is your favorite way to relax and recharge?**

**If you could travel anywhere in the world where would you go and why?**

**Describe a challenge you have had to overcome in your lifetime**

**If you had an extra day of the week how would you spend it?**

**If you could choose your own personal theme song what would it be?**

**What is something you used to get in trouble for as a child?**

**Describe the most beautiful thing you've ever seen**

**If you had an extra hour every day how would you spend it?**

**If you could dis-invent one thing, what would it be?**

**What is the most adventurous thing you have ever done?**

**What do you think makes someone a good leader?**

**What is the worst job you've ever had?**

**What is the best job you've ever had?**

**What family member most closely resembles you in personality?**

**What is the furthest you've ever been from home?**

**How do you handle stressful situations?**

**What was the plot of the last book you read?**

**If you could have any pet, what would it be and why?**

**If you could only eat one kind of food for the rest of your life what would it be?**

**What one word would you use to describe your personality? Why?**

**What did you get into trouble for most often as a child?**

**If you could ask any famous person a question who would you choose and what would you ask?**

**Who was your most interesting childhood friend?**

**What was your favorite activity as a child and why?**

**If you could have one million of anything, except money, what would you choose and why?**

**What is the most interesting thing you have ever found?**

**What movie could you never get tired of watching?**

**What is the most valuable thing you've ever learned?**

**Who was an adult you looked up to during your youth and why?**

**What is a book that has changed your view on something in the world?**

**What would you do if you knew you could not fail?**

**What can you do in your dreams that you can't do in real life?**

**If you had \$50 extra dollars right now, how would you spend it?**

**What is something that has surprised you recently?**

**When was the last time you felt lucky?**

**What is something that you have collected in your lifetime?**

**What was the last thing you recommended to someone else?**

**What possessions would you gladly downsize if required?**

**What is the oldest thing you own?**

**What is something you have mastered recently or are working towards mastering?**

**What is the most unusual food you enjoy eating?**

**Who is your most unique relative and why?**

**What challenges you?**

**Name one thing everyone should do in their life**

**How many different countries have you visited and which one was your favorite?**

**If you were to cast the story of your life as a movie what actor or actress would you want to play you?**

**Why did you choose to wear the shoes you are wearing today?**

**What goal has taken the longest for you to complete?**

**What is the furthest you have ever been from home?**

**What was your favorite subject in school?**

**Where do you see yourself one year from now?**

**What is a piece of technology you can't live without?**

**What is a piece of technology you wish you didn't have?**